



***An all-inclusive toolbox supporting
'Best Energy Efficient Construction and Training Practices'
(BEEP)***

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Project overview



- WP1 Management (MotivaS)
- **WP2 Training Materials Development Using the Best Practices of Energy Efficient Construction (TUT)**
- WP3 Teacher Training Schemes and Pilots (TTS)
- WP4 On-site Training Schemes and Pilots (TTS)
- WP5 Coordination of Roadmap Implementation and Supporting Measures (MotivaS)
- WP6 Communication (MotivaS)
- WP7 EU Exchange Activities and Monitoring (MotivaS)

TUT = Tampere University of Technology

TTS = Work Efficiency Institute

MotivaS = Motiva Services Ltd



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BUILD UP SKILLS
ENERGY TRAINING FOR BUILDERS
FINLAND

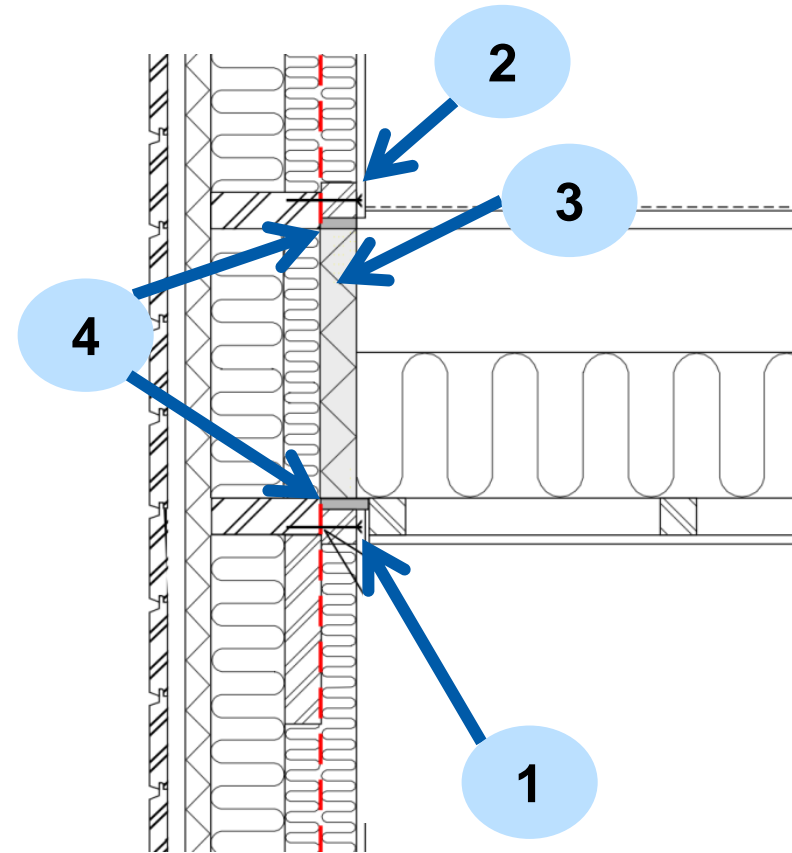
Toolbox of Training Materials

Textbook in Finnish

Multilingual material package

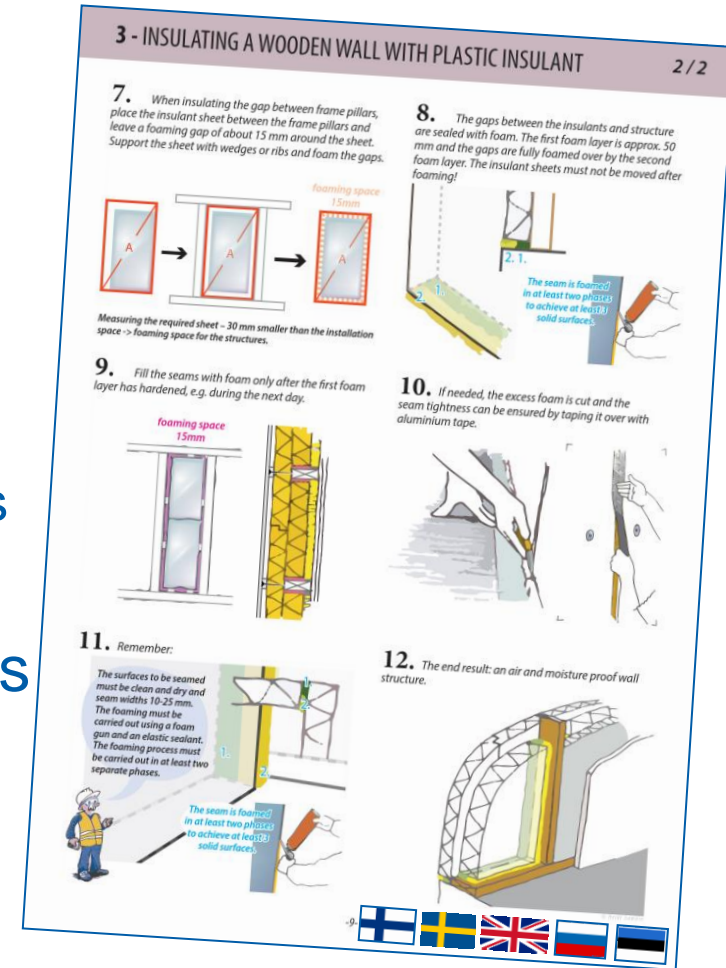


- Training package of PPT slides
 - 10 themes, altogether 238 slides
- Instruction card manual
 - 10 thematic cards
- Educational videos - 7 silent short films (altogether 30 minutes) with subtitles



Instruction Cards

- Practical instructions on the critical phases of construction regarding energy efficiency
- In comic strip format
 - 10 x 12 illustrations with descriptive texts
 - demonstrates the work phase by phase
- Easy to use on the construction sites when laminated
- Suitable for professionals but also for do-it-yourself builders



Educational videos: How to reduce energy consumption by 50% in an old house?

1. Planning of the renovation
2. Installation of the ventilation
3. Insulation of the exterior wall
4. Installation of the air heat pump
5. Adjustment of the hybrid system
6. Piping insulations, adjustment of door frames, compaction of windows, LED lighting,...
7. Monitoring the energy consumption



On-site Training Ambassador

- Motivator and messenger towards
 - construction companies
 - uptake of the on-site training scheme
 - workforce
 - motivation and support for further training
 - stakeholder network
 - importance of attitude change and upskilling
 - cooperation
- Gives the face to the BUILD UP Skills training scheme
 - easy to approach the workers and the management
 - knows the product and the target groups



Lessons learnt

- The key is to filter the essence from the volume of information (research papers, reports, handbooks)
- Theory must be in the background – discussion on practical construction issues is essential
- Training material package is a toolkit – trainers use the material in personal ways
- Pedagogical methods need to be modernised
- Workers prefer concrete materials and instructions – photos and illustrations with supporting text
- BUILD UP Skills scheme and awareness should be integrated in quality and human resource management
- **LESS IS MORE**



Learn more

BUILD UP Skills BEEP

www.motiva.fi/buildupskillsfinland



Training materials

www.motiva.fi/BUStrainingmaterials

www.slideshare.net/MotivaOy



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11. Check the final result of the vapour barrier installation:

Tight structures save energy, keep the structures in good condition and create prerequisites for healthy indoor air.

Vapour barrier!



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